

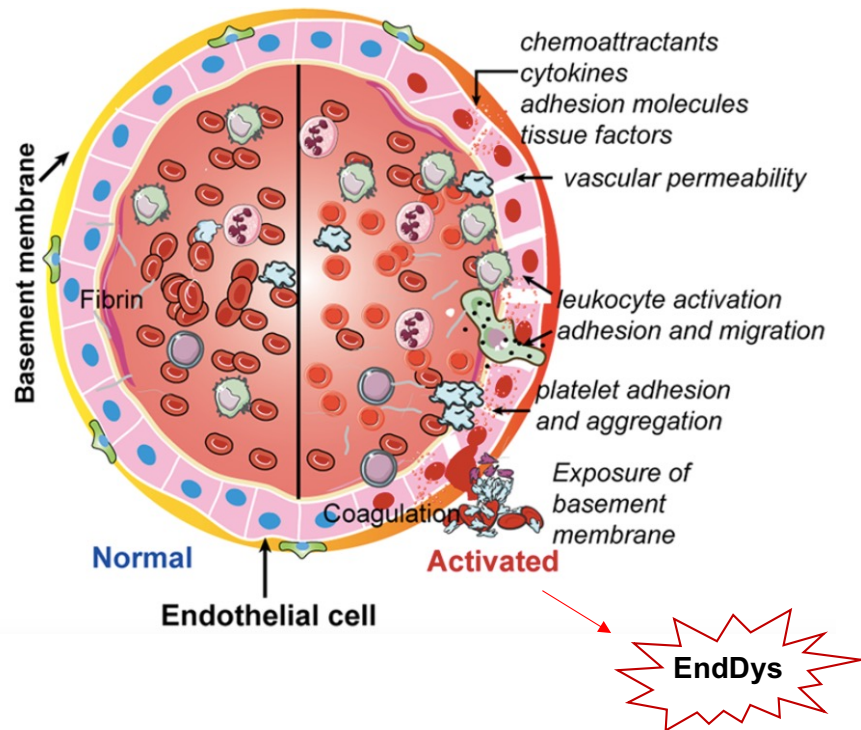
Campus Virchow Klinikum (CVK)  
Institute of Medical Immunology  
Group 'Vascular Immunology'

## Novel Biomarkers of Endothelial Dysfunction and Angiogenesis Alterations in PCS and ME/CFS

Martina Seifert | May 11th 2023 | ME/CFS Conference 2023, Berlin

# Introduction

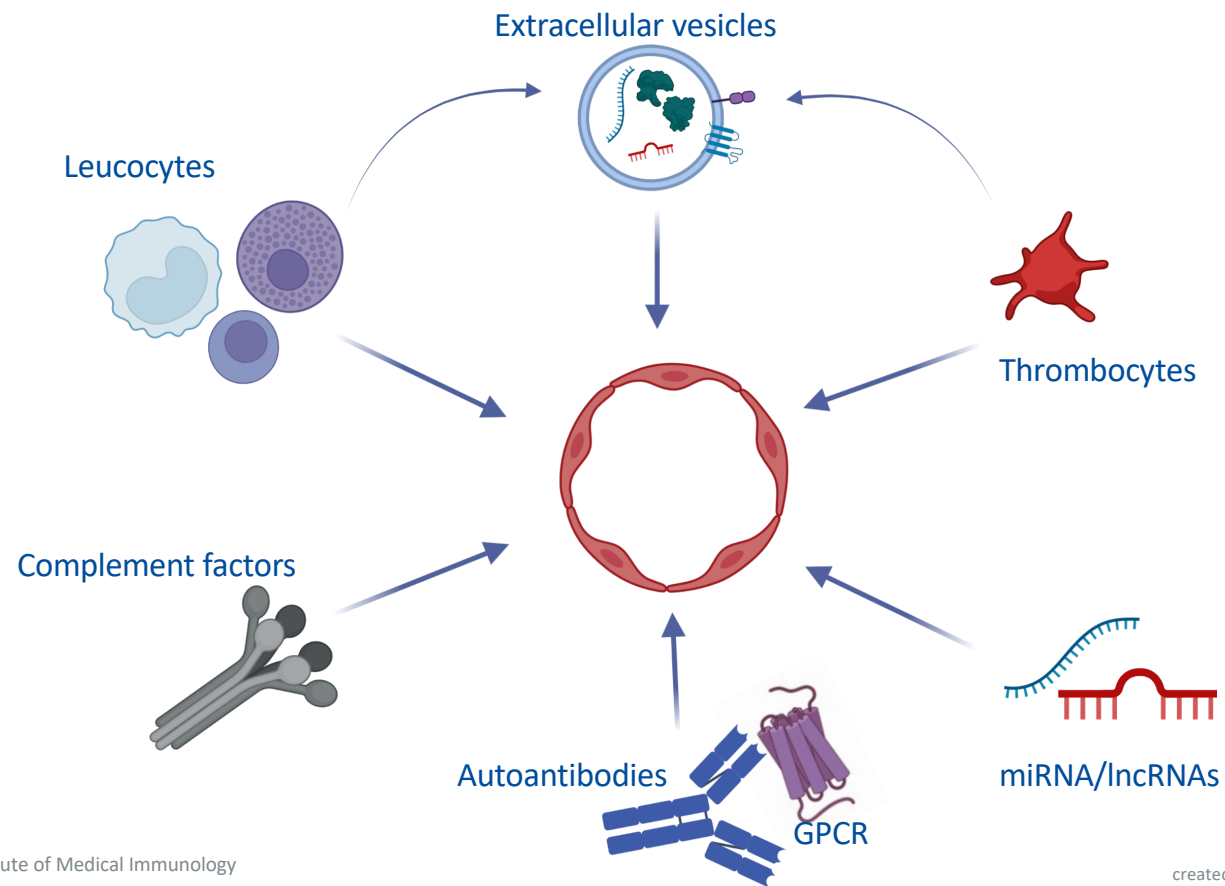
Endothelial Dysfunction (EndDys) as an important pathogenetic mechanism in ME/CFS & PCS/CFS



- ✓ Evidence for **vascular dysfunction in ME/CFS**: cerebral hypoperfusion, orthostatic intolerance, autonomic dysfunction
- ✓ EndDys **diagnosed in ME/CFS** patients (Scherbakov et al. 2020) and in **PCS/ME/CFS** patients (Haffke et al. 2022)
- ✓ EndDys and **altered EC biomarkers (ET-1)** in PCS/CFS patients (Haffke et al. 2022)
- ✓ Induction of autoimmune responses, e.g. **autoantibodies** to GPCRs (Sotzny et al. 2022)
- ✓ **Decreased Nitric oxide (NO)** production in ECs exposed to plasma from **ME/CFS patients** (Bertinat et al. 2022)
- ✓ **Microclots** present in ME/CFS and PCS patients might block up capillaries and **disturb blood flow** (Kell & Pretorius 2022)

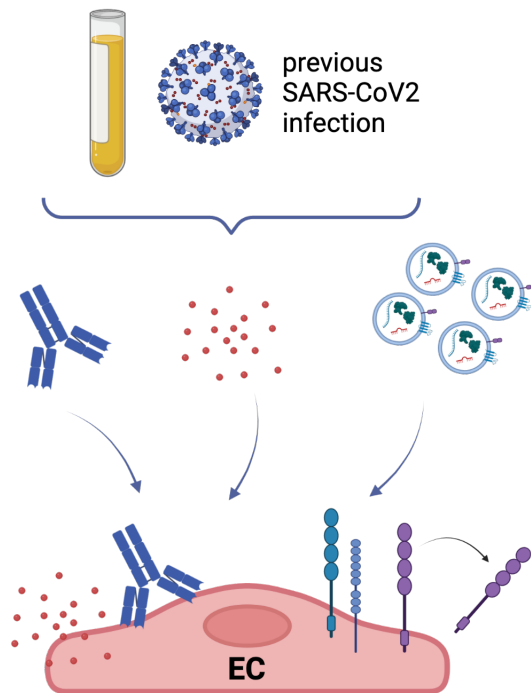
# Introduction

Serum components and blood cells as potential mediators of vascular inflammation and EndDys



## Question/Objective

Do serum factors from PCS and PCS/CFS patients show binding and functional effects on ECs in an *in vitro* culture model system?

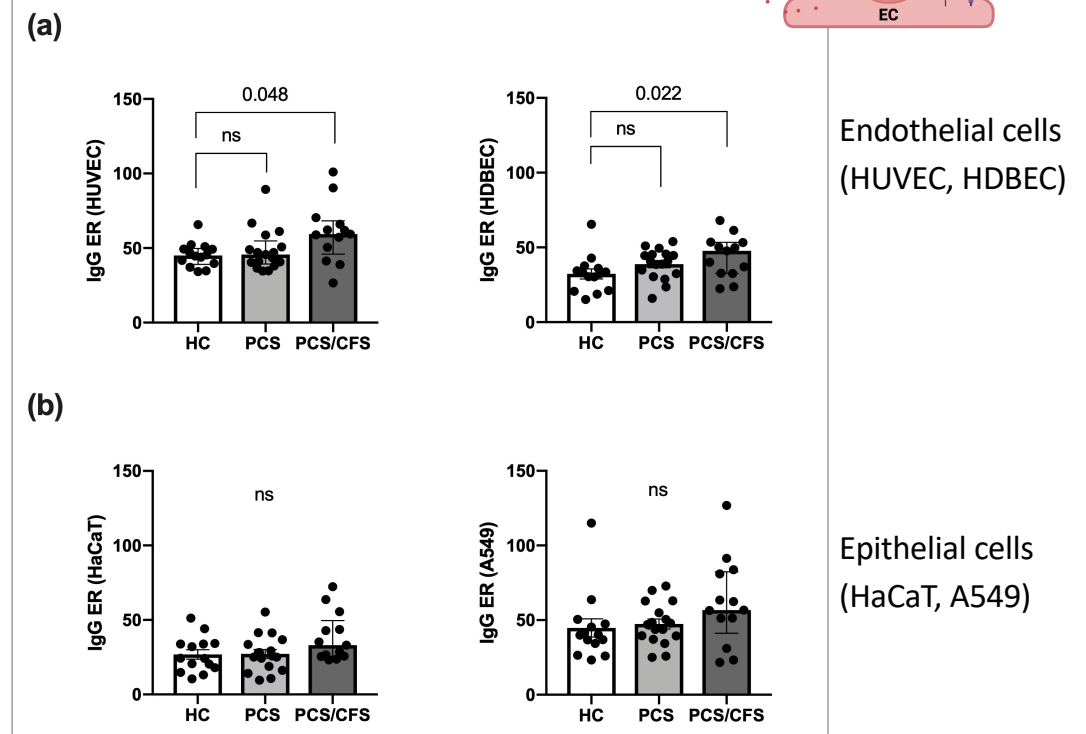
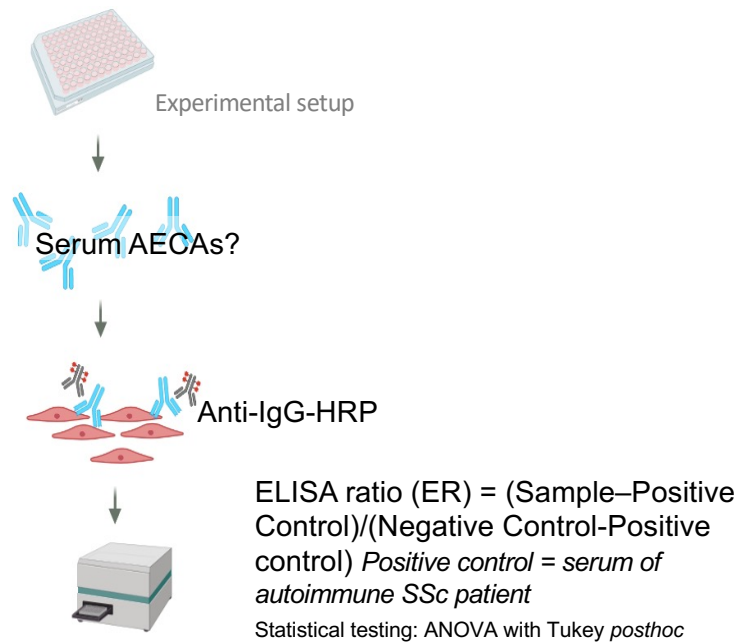
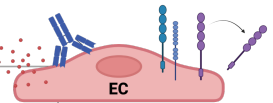


Patient and control group characteristics

	HC (n=14)	PCS (n=17)	PCS/CFS (n=13)
Age, mean (range)	45 (31-58)	42 (27-66)	43 (24-59)
Sex (f/m)	(12/2)	(15/1)	(12/2)
Months since COVID-19 infection, mean (range)	n/a	8.3 (4.3-11.6)	9.4 (8.2-11.1)
Bell Disability Scale, mean (range)	n/a	48.24 (10-80)	45.38 (20-80)
Chalder Fatigue Scale, mean (range)	n/a	24.76 (15-32)	26 (20-33)
PEM score, mean (range)	n/a	25.88 (17-46)	30.92 (16-44)

## Results

- Anti-endothelial cell autoantibodies (AECA) of IgG type are more abundant in PCS/CFS patients
- Partial specificity of AECA-binding to human ECs

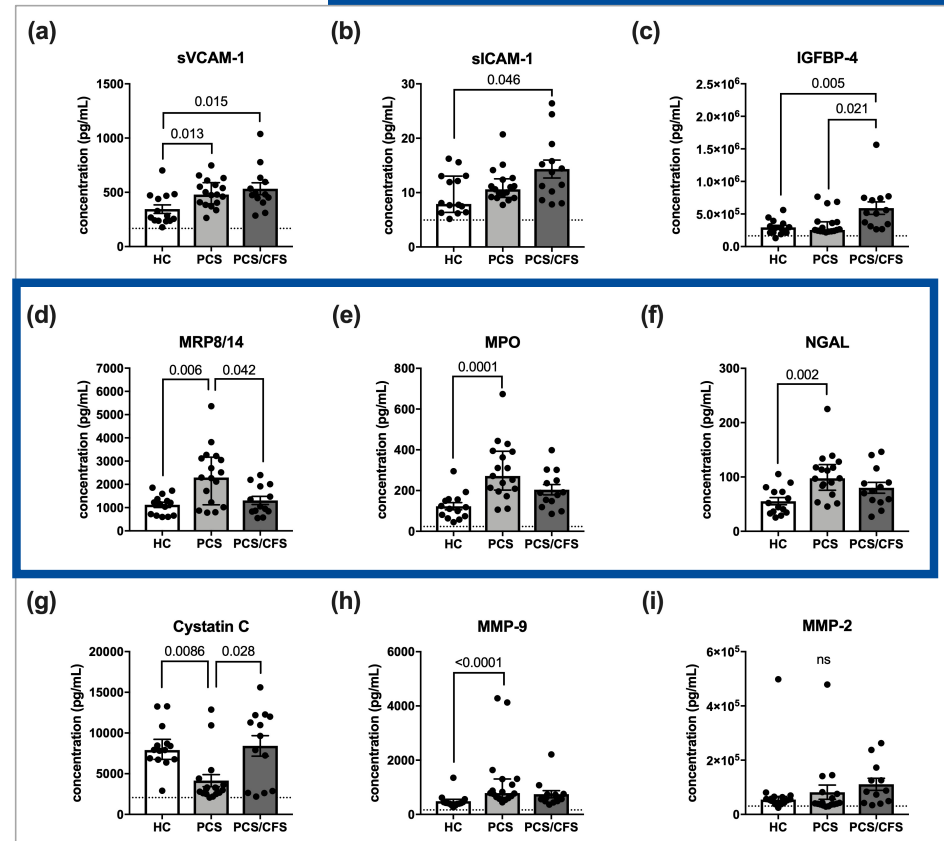
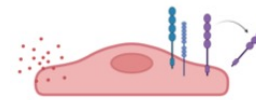


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## Results

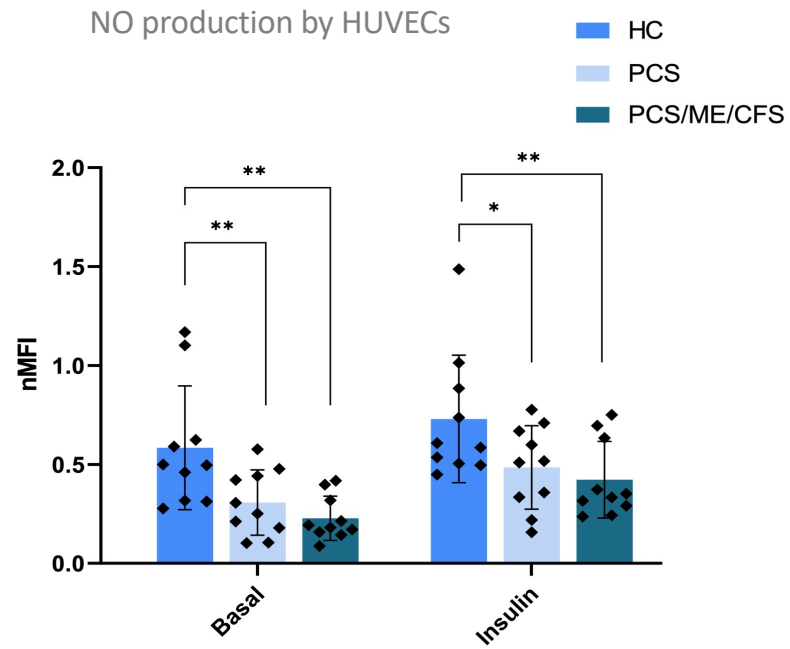
### ➤ Patient serum induced changes in secretion profile of human ECs

- **VCAM-1** (PCS and PCS/CFS) **shedding** and **MRP8/14** **release** (PCS)
- **ICAM-1** **shedding** and **IGFBP-4** **release specific for PCS/CFS**; IGFBP-4 putatively **interferes with NO synthesis** (vasodilation ↓?) and **angiogenesis**
- **MPO** enhanced in PCS group; implicated in **NO depletion** (vasodilation ↓?) and angiogenesis
- **NGAL** and **MMP-9** **enhanced in PCS**; MMP9 complexes with NGAL and promotes its function including extracellular matrix remodelling
- **Cystatin C** **reduced** by PCS serum; known as prominent **protease inhibitor**

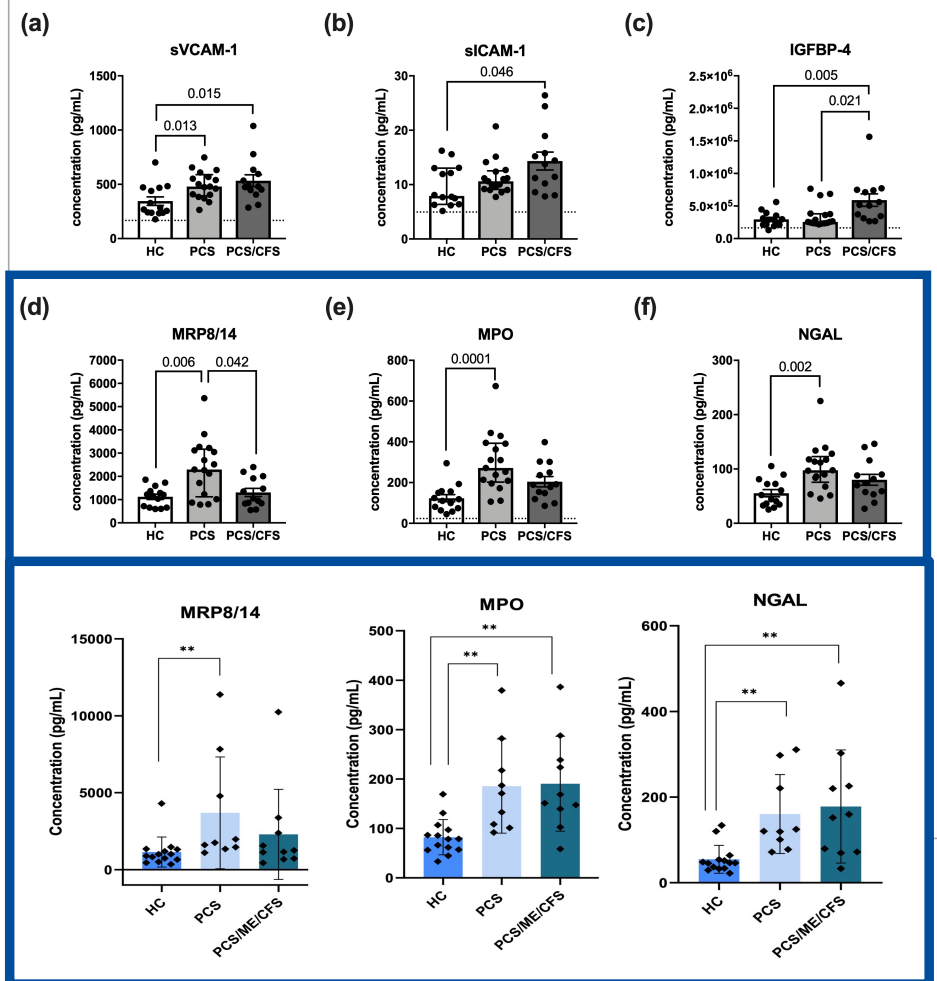
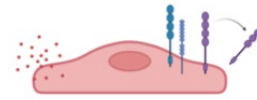


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# Results



Poster No 23: Kanchan Dulal

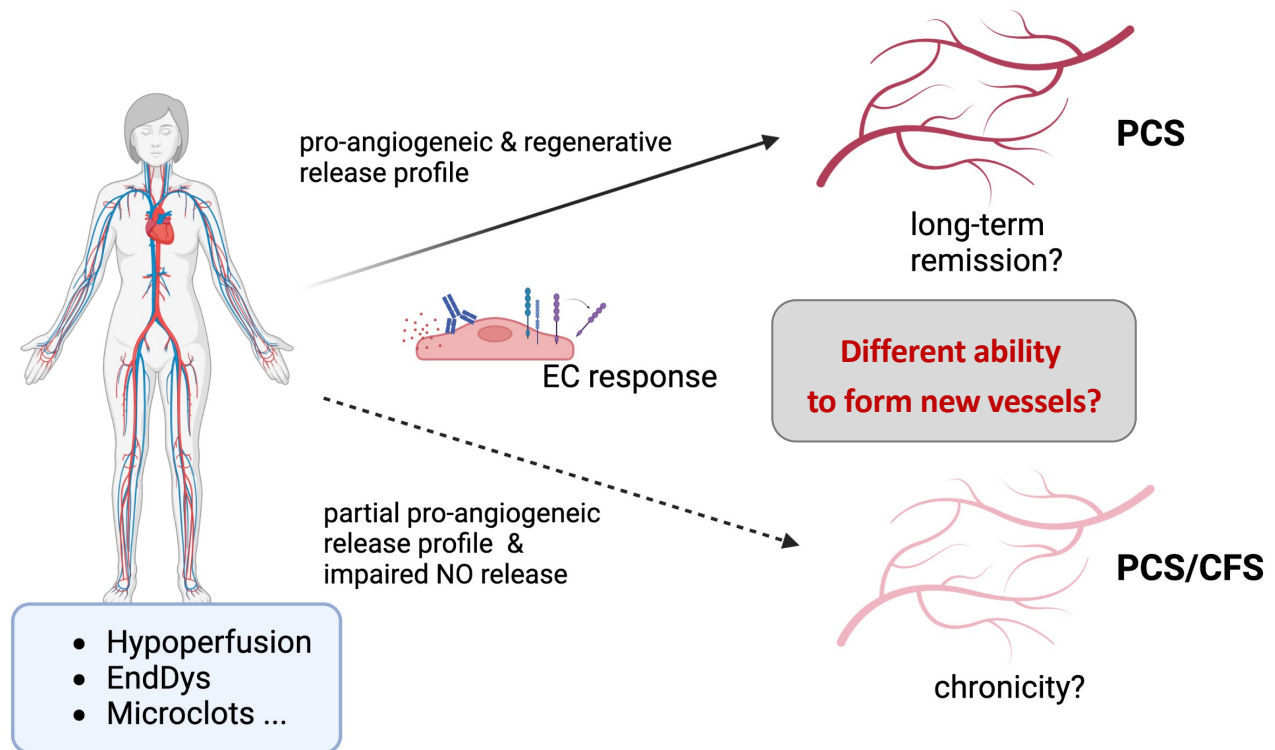




## Pro-angiogenic EC signature in PCS

### Differences between PCS & PCS/ME/CFS patients in:

- Pro-angiogenic/vascular remodeling capacities
- Nitric oxide bioavailability



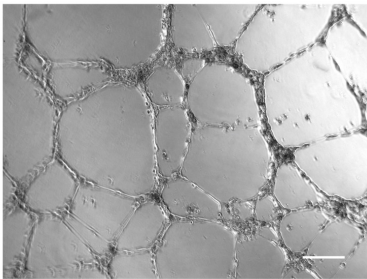


## Results

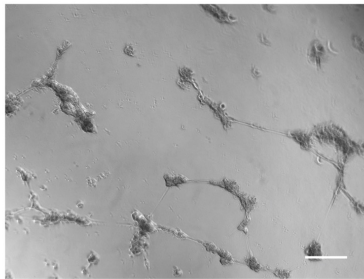
- Significantly enhanced number of junctions in the PCS patients group

a)

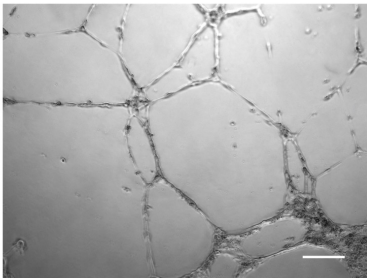
VEGF + bFGF



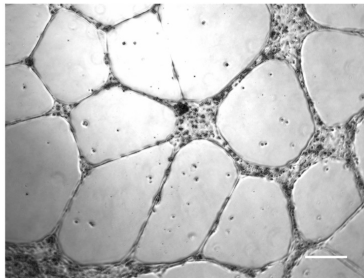
EBM



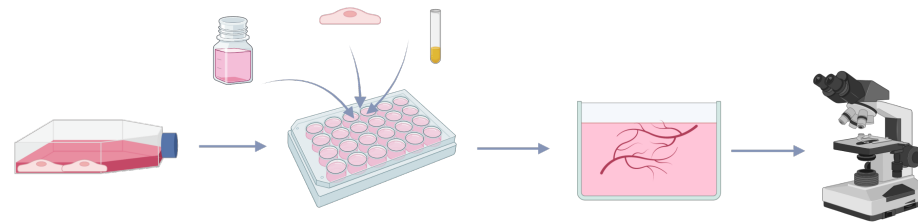
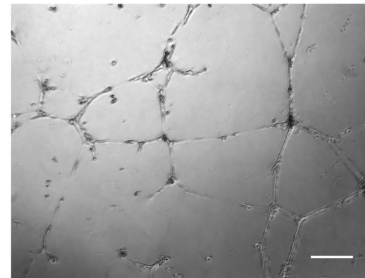
HC



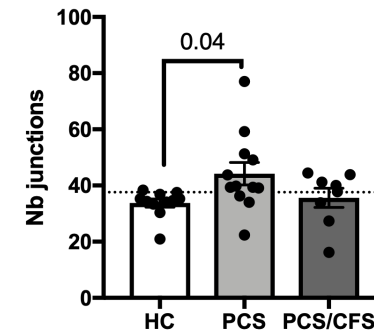
PCS



PCS/CFS



Tube formation assay with EC on Matrigel *in vitro*

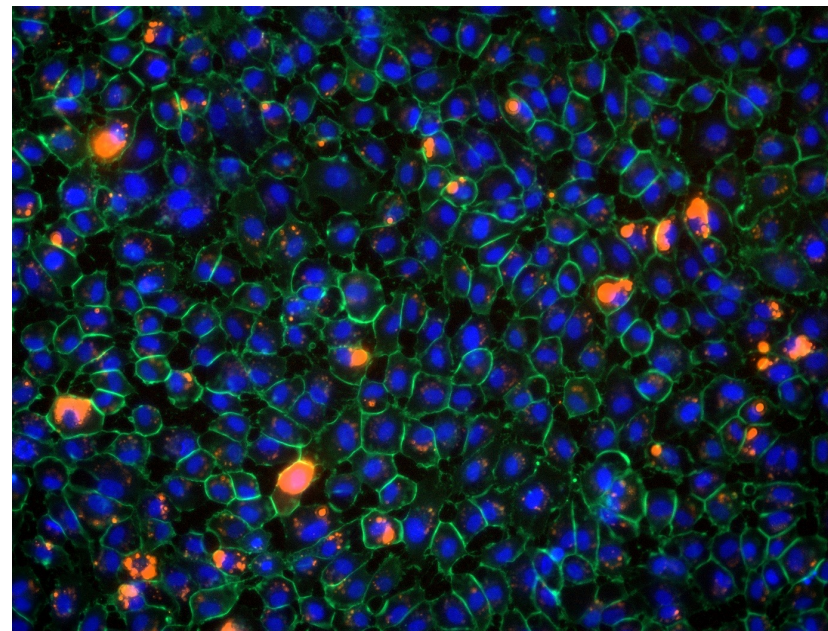
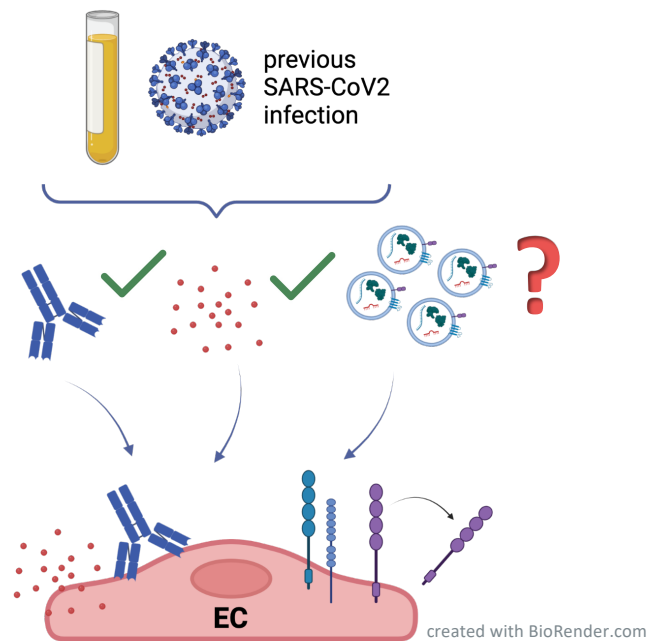


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Statistical testing: ANOVA with Tukey *posthoc*  
Dotted lines denoted the 90<sup>th</sup> percentile of the HC group

## Results

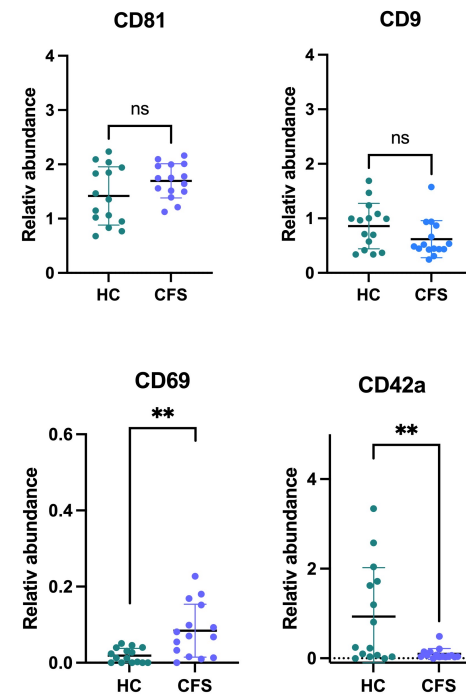
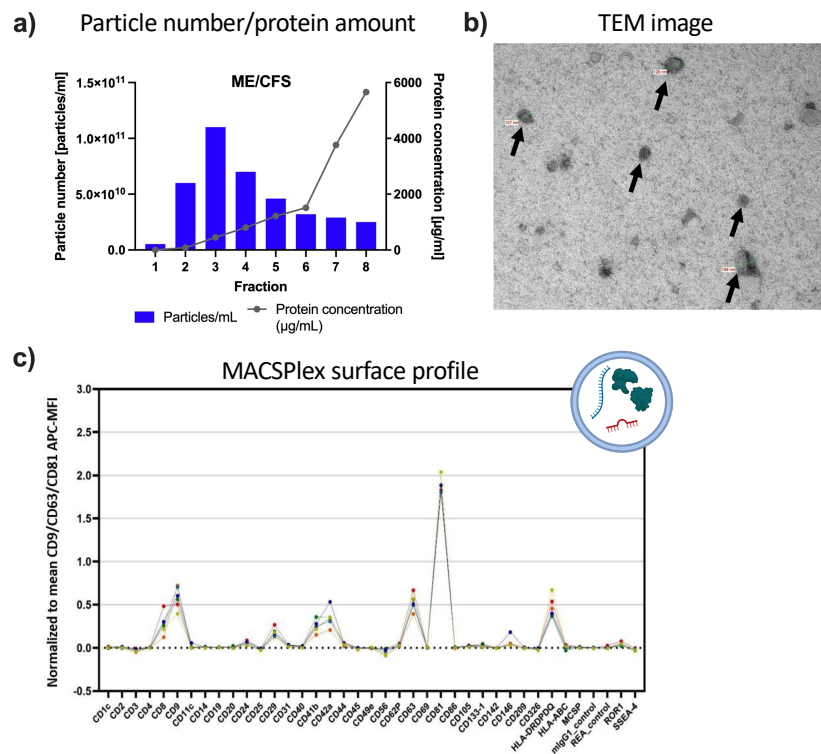
Serum extracellular vesicles as potential biomarkers for EndDys in ME/CFS and PCS  
and as mediators of effects on ECs?



Uptake of labeled EVs (orange) by ECs (green/blue)  
Into HUVECs

## Result

EVs isolation by size exclusion chromatography from patients' plasma show characteristic EV features, but differ in their phenotype

**Poster No 24: Diana Boristowski**

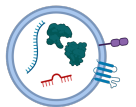
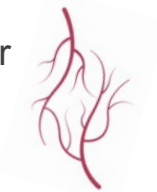
## Results

- EV-proteom differences between post-infectious ME/CFS patients and Healthy Controls (HC)
- Candidate molecules as potential biomarkers



## Summary/Conclusions

- ▶ **AECAs** show enhanced binding to ECs and thereby may attribute to EndDys development; Autoantibodies to GPCR involved?
- ▶ Serum from PCS patients with and without ME/CFS modulate differently the EC secretion profile indicating another pathomechanism for EndDys development.
- ▶ **Selected small molecules** released by EC might be used **as potential biomarkers** in PCS and PCS/CFS (sVCAM-1, MPO, MRP8/14, NGAL...)
- ▶ A **compensatory response (pro-angiogenic)** to a disturbed microcirculation, which appears to differ between PCS and PCS/CFS patients might be assumed.
- ▶ A missing/disrupted compensatory mechanism could lead to chronicity of the disease, as seen in PCS/CFS (and CFS).
- ▶ **Extracellular vesicles** might be promising biomarkers due to **differences in phenotype and proteome between ME/CFS and HC** and serve as the missing link for EC dysregulation.



# Acknowledgements

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